

Scale Practice (and more!)

Instructor: Jacob Sweet

Moving Up The Neck

Pattern 1

Pattern 2

Pattern 3

Pattern 1 - The Modes

G Ionian (Major) A Dorian (Minor) B Phygian (Minor) C Lydian (Major) D Mixolydian (Dominant)

E Aeolian (Nat. Minor) F# Locrian (Diminished) G Ionian A Dorian

Pattern 1 Arpeggios - Triads

G Am Bm C

D Em F#dim G Am

T
A
B

Pattern 1 Arpeggios - Seventh Chords

Gmaj7 Am7 Bm7 Cmaj7 D7

T
A
B

Em7 F#m7(b5) Gmaj7 Am7 Bm7

T
A
B

Pattern 2 Arpeggios - Seventh Chords

Bm⁷ Cmaj⁷ D⁷ Em⁷

T
A
B

7-10 9-7 9-10 7-8 8-12 10-9 10-12 8-10 9-7 10-7 9-10 7-10 9-7 9-10 7-10

F#m⁷(b5) Gmaj⁷ Am⁷ Bm⁷

T
A
B

9-7 10-9 10-7 9-10 10-7 9-10 7-7 7-9 10-7 10-9 8-9 10-7 9-7 7-10 7-9 9-7 7-9

Cmaj⁷ D⁷ Em⁷

T
A
B

10-9 8-7 8-9 10-7 7-7 10-8 10-7 7-9 9-8 7-10 7-8 9-9

Pattern 3 - The Modes

E Aeolian F# Locrian G Ionian A Dorian B Phygian

T
A
B

C Lydian D Mixolydian E Aeolian F# Locrian G Ionian

T
A
B

Pattern 3 Arpeggios - Triads

Em F#dim G Am Bm

T
A
B

C D Em F#dim G

T
A
B

Pattern 3 Arpeggios - Seventh Chords

Em⁷ F#m⁷(b5) Gmaj⁷ Am⁷

T
A
B

Bm⁷ Cmaj⁷ D⁷ Em⁷

T
A
B

11-14-11 12 12 12 12 12 12 12 10 12 12 14

14 12 12 14 15 14 12 14 15 12 11-14 13 14-11 12 14 12 12 14

F#m⁷(b5) Gmaj⁷ Am⁷

T
A
B

12 13 13 14-11 12 12-15 14 15-12 12 14 13 12-15-12 13 14

11-14 13 13 14-11 12 12-15 14 15-12 12 14 13 12-15-12 13 14